

## **Brief Bio-Data**

**Name:** Lobsang Yangzom (Nun)

**Age:** 53 yrs

**Present Location:** Dharamsala

### **Brief report about self:**



Lobsang Yangzom was born in Tsang region of Tibet. She became nun at the age of 6 in Tibet. She fled from her homeland Tibet in 2006. Her family was left behind in Tibet. She came to India so that she could live a life away from Chinese Oppression. Her escape from the country was tiresome and mostly was undertaken on foot climbing the high Himalayan Mountains at night so as to avoid being seen by the Chinese guards.

Presently she lives in Dharamsala in a rented room. Her health condition is also not good. She gets some amount of money from some nunnery project. On top of that she receives some money in the form of alms for nuns and monks during special puja at the temple. However, it is still not sufficient for her to pay her rent and her medical expenses. She is in great need of help and we would appreciate if you could help her when it is needed.