

ANNUAL  
ACTIVITY REPORT  
2019 - 2020

# TIBET CHARITY

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## **TIBET CHARITY ANNUAL ACTIVITY REPORT FROM THE MONTH OF APRIL 2019- MAR 2020**

A year has gone by and we still keep serving our community with our due diligence and pure hearts. Tibet Charity being purely a charitable organization with no involvement in any political activity whatsoever is standing tall each year and keeps fulfilling its main objective i.e.

- To offer necessary assistance to the poor and needy Tibetans.
- To offer basic medical care and advice.
- To provide vocational/professional training for school leavers.

### **EDUCATION SECTION**

Every year hundreds of Tibetans flee their country in search of better opportunities and basic human rights which includes the right for better education. As the students who arrive here from Tibet do not speak any language other than their native language, they confront great difficulties while leading their lives in exile. So by learning English, they are in a better position to rub shoulder-to-shoulder in their quest for new lives outside their motherland. It is then Education Center of Tibet Charity comes into the picture. Hence, Tibet Charity provides English and Computer classes for the new comers from Tibet.

**Year 2019 started with an opening session of Mar – May 2019 by the month of mar 2019.**



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We organized a simple welcome function for our two wonderful volunteer teachers, Mrs. Sue from England and Mr. Evan from United States. We were delighted to have qualified teachers like them for our students. Though the first semester had already started from the beginning of March yet we organized the welcome function late as one of the volunteers arrived later.

Our Director, Mr. Tsering Thundup, thanked the volunteers for coming all the way from abroad with the determination to teach these studious students. He also advised the students to make the best use of this golden opportunity. Our education section in charge, MS. Lhamo Tsering concluded the function with a Thank you speech and wished them a productive semester.



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## SUPPORT FOR OPEN SCHOOL CANDIDATES



**Apr 6, 2019:** Tibet Charity has taken an initiative for those students who have failed in completing their and Xth and XIIth board exams or those who were unable to complete school for whatsoever reasons. National Institute of Open schooling (NIOS) provides opportunities for such school dropouts or to those who never got any opportunity to go to normal schools to get basic education. Through this initiative, students may finish Class Xth without prior qualification or finish Class XIIth after completing Class Xth with the gap of one year at least. Tibet Charity encouraged such Tibetan students to pursue their educational goals and supported such students with the financial aid to pay their admission and examination fees as well as pay to reach the exam centre during their exams.

## Volunteer Excursion:

**Apr 7, 2019:** Each semester we take our volunteers for sightseeing during a weekend. From this year we planned to take them on excursion twice a semester.



Two of our staff members took the volunteers for a day long trip. They visited Sambhota Chauntra school, old age home at Chauntra, Zongsar monastery, Bir paragliding site and Sherabling monastery..

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We thanked STS Chauntra for allowing us to visit their school and extending great support every time we visit them.



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## CLOSING CEREMONY OF THE FIRST SESSION (MAR – MAY 2019)

**May 31, 2019:** First session of Tibet Charity English Language Classes ended on this date. A simple closing function marked the conclusion. The function was attended by the volunteers, the students and the staff of Tibet Charity.



Mr. Tsering Thundup, our Director offered his heartfelt gratitude to the volunteers for spending their precious time teaching the students of Tibet Charity. He appreciated their hard work and dedication towards their task. He wished them best of luck in everything they do in the future. He expressed his hope to see them again in the future. He also thanked all the volunteers in the past for their contribution at various



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point of time. The Director then thanked the students for being obedient and respectful during the course of their time here with us.

The volunteers explained how much they have enjoyed their stay here with us. They had lots of good things to say about, i.e. the time they have spent with their students. According to them, the students of Tibet Charity are among the best they have taught in their life. The students who topped during the final exam in their respective classes were awarded prizes during the function.



After the function the student presented their class teachers with traditional Tibetan scarves and souvenirs.

## THIRD SESSION Sept – Nov 2019

**Sep 10, 2019:** We began the day with the opening ceremony of the third semester, English classes 2019. Our Director welcomed Ms Gill Winter, our volunteer teacher (who taught here twice before). The students of Super beginner and Beginner class got their certificates. The position holders from each class were rewarded.



We also had a group from Denmark as our guests for the function. The simple ceremony was followed by a group photo sessions and tea/snacks.



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## Volunteer Excursion:



Our staff Ms Lhamo Tsering and volunteer teacher Ms. Gill Winter took a day trip to Dongyu Gatsal Ling nunnery, Tashijong monastery and Deer Park Institute on 19 Oct 2019.





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## CLOSING OF THIRD SESSION BEFORE THE WINTER BREAK

**NOV 30, 2019:** A simple closing function was organized to mark the end of third education session for the year. The function was attended by the volunteers, students and staff of Tibet Charity.



The Director in his opening remarks thanked the volunteers for coming from different parts of the world, at their own expenses, to impart valuable knowledge in English language to the students who are also from various non English speaking countries such as Tibet, India, Laos, Bhutan, Thailand etc. The Director offered special thanks to Ms Gillian Winter who came to Tibet Charity for the fourth time.

The volunteers in their farewell speech offered their gratitude to Tibet Charity for giving them the opportunity to volunteer as they felt that they have learnt much more than they have taught. They spoke highly of the systematic manner in which Tibet Charity runs its classes and looks after the volunteers. They praised the students for their dedication and respect towards their teachers.



Few students spoke at the end to Thank Tibet Charity and the volunteers. They shared how much improvement they made from someone who barely recognizes the alphabets to someone who could stand and give a speech in English.



After presentation of mementos to the teachers and certificates to the students, the function concluded with some photo sessions.

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## HEALTH CARE SECTION

### ACUPUNCTURE CAMP AT TSUKLAKHANG STARTED ON APR 24, 2019

Tibet Charity organised three days Acupuncture camp at Tsuk-lakhang. Acupuncture was done by Dr Patrice and his group from France. They treated people with different ailments.

#### Day 1



On the first day, we were able to attend to 52 patients with different cases. We thanked Dr Patrice and his group for their service towards our community.

**Day 2:** On the second day of acupuncture camp. We organised camp only in the afternoon due to morning official function at Tsuk-lakhang. Totally 36 patients attended the camp out of which 19 patient came for the second session.



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**Day 3:** We have concluded our third day acupuncture camp at Tsuk-lakhang with 62 patients. Over all we have seen 147 patients in three days with different ailments. It has been very helpful to the patients. We thanked Dr Patrice and his group for their selfless service in our communities. Hope that we can have more camp like this which is really beneficial to the patients.



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## Extended help from our home nurse during their medical visit to senior citizen's home:

Aug 20, 2019: A simple act of kindness and care towards our elders and senior citizens can make a huge difference in developing our society better. Hence, our home nurse took extra initiative in cleaning an old woman's home. It's always a pleasure to make differences in their life. Be it as simple as making their home more welcoming.



Personal hygiene is very important in everyone's life. But if there is no water supply connected to your house then it becomes more challenging in one's life. Likewise this old woman faces the same problem. So every week or two whenever the weather is preferable we gave bath to her and washed her clothes at our clinics which is half an hour from her house. It gave us immense pleasure seeing the smile on her face after the clean-up.



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**Nov 29, 2019:** A bowl of hot thuk-pa (noodles) in the cold weather of Dharamsala is a must for the elders here. The home nurse girls of Tibet Charity helped in preparing a hot 'bakthuk' (dumplings in hot soup) to an old grandmother who lives alone.



**Jan 22, 2020:** On their routine visits to the elders in Forsyth Ganj area, our home nurse noticed that a grandfather was sitting outside in the sun and he looked very exhausted. After checking his blood pressure and we found it to be too low. Thereafter he immediately collapsed.

We at once carried him on our back till the roadside where we hired a taxi and took him to Delek hospital. At Delek hospital all the necessary investigations were done. The test reports were normal except for the fact that he was very weak. The doctor prescribed multivitamin tablets. After finishing all the procedures at the hospital, we escorted him back to his resident.



He suffered from minor respiratory problem due to the dampness and the moisture in his rented house. However, he got recovered and is in stable condition now.

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## Extended help from Dr. Moon in providing medicines and medical stock to the health care section:



Feb 14, 2020: Dr. Moon arranged quite a large quantity of pain relief patches and medicines for our healthcare section. These were highly useful when our home nurses go to visit the elders at homes who may have age related joint and muscular pains. We have also received quite a number of soft

toothbrushes which were distributed to the elders who may need them. We thanked Hanlim Pharm. Co. Ltd, Mooni Studio, Mahabodhi Education Centre, The Wealth with Consciousness team and Hyunsook Shin (all from South Korea) for making the necessary donations.





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## SOCIAL DEVELOPMENT SECTION



### SECOND YEAR PILGRIMAGE PROGRAMME 2019

Each year a pilgrimage programme is organised for those senior citizens in Dharamsala who hardly gets any opportunity to go for pilgrimage either because they have no one who would take them for such pilgrimage or who doesn't have the financial capability to go for such a tour.

As we planned to spend three days for this programme as most of the old people who joined this pilgrimage are above 80 years old, so that they can rest in between rather than travelling all the time. They thoroughly enjoyed and had a blessed time.

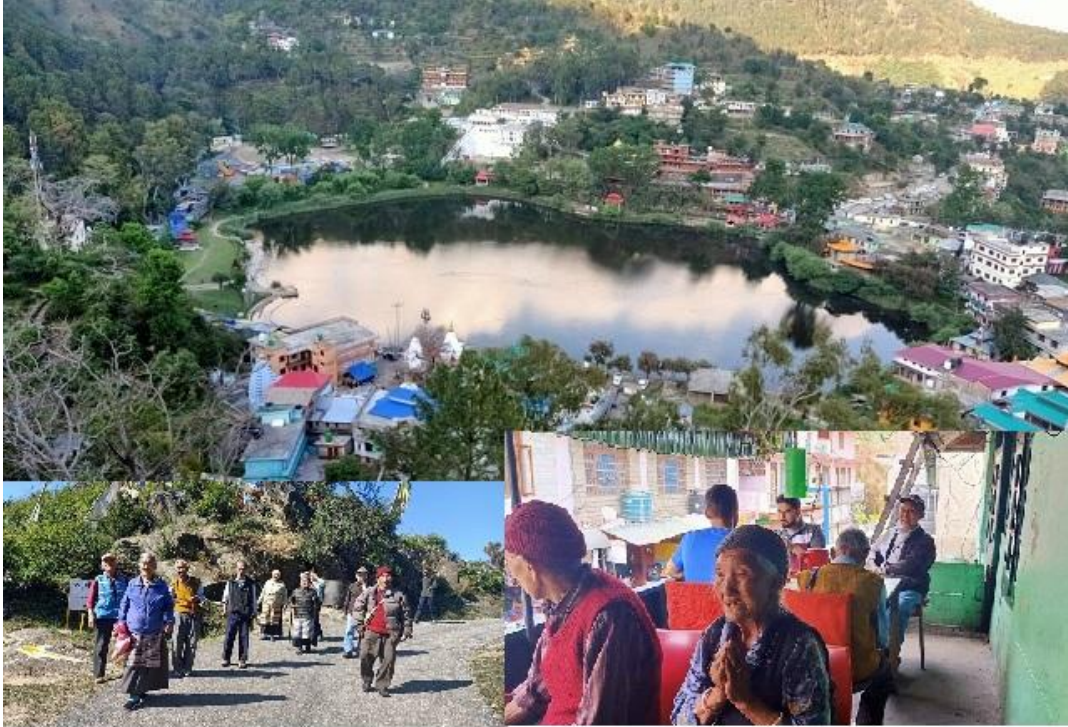


On Apr 20, 2019 : we started our journey from Mcleodganj around 8 o'clock in the morning to Tso Pema (Rewalsar) on 20th April 2019 with a group of nine elders. Tso Pema has huge religious importance to the Buddhists due to its association with Guru Padmasambhava. It is believed that Guru

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Padmasambhava has spent months meditating in one of the caves there. The lake, after which the place has been named, is believed to have been naturally formed when the King of Mandi tried to burn him alive suspecting his relationship with the king's daughter.



To make it easier for the elders this time, we decided to spend two nights in Tso Pema so that the elders can get sufficient rest and time to circumambulate the lake.



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They visited different holy sites in the region and on their way back, they were taken to Zongsar Institute of Higher Buddhists Studies at Chauntra and Sherabling Monastery in the jungle close to Bir. They thoroughly enjoyed the trip and we felt blessed to get the opportunity to bring smiles on their faces. We successfully completed three days senior citizens pilgrimage programme of 2019 without any obstacles. We dropped them to their door steps to make sure that they reach their home safely. We thanked Tibet Charity Denmark with whose support we were able to do the kind of things we do for the elders and needy.

## **STRENGTHENING TIBETAN CIVIL SOCIETY**



Two staff of Tibet Charity i.e. Mrs. Lhamo Tsering and Ms. Tenzin Dhasel participated in the 2nd conference for "STRENGTHENING TIBETAN CIVIL SOCIETY" which was held in Sarah from 30th September to 2nd October 2019. In this conference, there were many participants such as Altruism in action, Drokmo, Drokpo, EduLift-Rethinking Education, Empowering the Vision Project, Help with Books Trust, Hope

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and Challenge, Manjushri Educational Service, Patient Care Trust, Reimagining Doeguling Tibetan Settlement, Shatsa Organization, Sober Recovery Treatment and Rehabilitation Centre, Stories of Tibetans., Tibetan Chamber of Commerce, Tibet Charity, Tibetan Legal Association, Tibet World, Tibet Hope Centre, Tibet Ability Centre, Tibetan Cancer Society, Tibet Centre for Conflict Resolution, Tibetan Community Dental Service, Tibetan Women's Association, Tibetan Youth Congress, Tibet Theatre. Major discussion was on project need assessments: An overview and practical examples, Donor management and how charities can be more appealing to funders in Indian regions.



**A sponsor meets her adopted grandparent:** On 31<sup>st</sup> Oct 2019, Tibet Charity was very grateful to Ms Katrine Kibsgaard for coming all the way from Denmark to meet her adopted grandparent Ms Adon la. Ms Katrine has been supporting Ms Adon la since 2015. Lately Ms Adon la was having some health issues because of which Ms Katrine was eager to meet her. Both were very happy to see each other and became emotional. We thanked Ms Katrine for supporting Ms Adon la for so long.



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## ANIMAL CARE SECTION

*“It takes nothing away from humans to be kind to an animal”.*



Animals are a wonderful part of our lives. They bring us joy. They make us laugh. They give us unconditional love. They bring us sorrow when they leave us, but leave us with cherished memories of true friendship. But many animals in our society are suffering. They are homeless and unwanted, abused and neglected. Some go hungry on our streets; others put to death in shelters; and many suffer silently at the hands of their owners, who either don't understand, or simply don't care. Amongst all these sad situations, TIBET CHARITY provides their extended support to such animals through their veterinary clinic. TIBET CHARITY organises many Animal care programs such Animal Birth Control and Anti Rabies Vaccination Camp every year.

Here are some of the last year's amazing contribution into ABC program and Anti Rabies Vaccination Camp.

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## ANIMAL BIRTH CONTROL AND ANTI RABIES VACCINATION CAMP



On 30<sup>th</sup> Apr 2019, Tibet Charity's Clinic for Dogs successfully concluded 5 days Animal Birth Control (ABC) and Anti- Rabies Vaccination camp at Bir and Chauntra. We succeeded in sterilizing 85 dogs out of which 68 were female and 17 male. We thank Animal Husbandry department, Dr. Sachin Sood, Dr. Inderjit Soni, Dr. Deepak Anand, Dr. Radhika Sood and Dr. Yudhvira Rana.

Beside the above our team gave anti rabies vaccination to stray dogs. In total, they vaccinated 280 dogs in the area. We thanked Volunteers at Bir for supporting us as always. Last but not the least; we thanked Brigitte Bardot Foundation who supported us financially to carry out these programs for the stray dog.



Further, Tibet Charity Clinic for Dogs began three days Animal Birth Control and Anti Rabies vaccination camp at TCV School Suja on 2<sup>nd</sup> July 2019. The camp was organized under the supervision of Dr. Sachin Sood and Dr. Radhika, the veterinarians from Animal Husbandry Department at Bir. They sterilized almost 40 to 50 dogs during these three days. Dr. Anoop Singh Choudhary, Mrs. Tenzin Youtso and Mr. Dolma Bhum were there from our side conducting the camp. This camp was funded by Fondation Brigitte Bardot France.



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### SUCCESSFUL ABC AND AR VACCINATION CAMPS IN DIFFERENT PLACES



**Animal Birth Control (ABC) and Anti Rabies Camp at Bir**

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**Animal Birth Control (ABC ) and Anti Rabies Camp at Suja**



Tibet Charity had the privilege of taking part in the Animal Birth Control Camp organized by Kagyu Monlam in Bodh Gaya during the winter. We have been a part of this camp for the last few years. Mr. Dolma Bhum is representing us at the camp this year.



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## Stray dogs sterilised, vaccinated in Bir

STATESMAN NEWS SERVICE  
SHIMLA, 29 APRIL

Concerned over increasing population of stray dogs and rising incidence of dog bites in humans and domestic animals in Bir area of Kangra district, a four day Animal Birth Control (ABC) camp was organised by 'Tibet Charity' in collaboration with Bridget Bardott Foundation of France and state Animal Husbandry department in Bir last week.

As many as 85 stray dogs were neutered/spayed during the camp at the Bir veterinary hospital to control the surging population of stray dogs in Bir area and surrounding villages and minimise risk and threat of rabies.

All the sterilised stray dogs were also given prophylactic vaccination against rabies.

Dr Sachin, Dr Deepak, DrINDERJI, Dr Yudhvir Rana, Dr Rachika from Animal Husbandry department and Dr Anup from Tibet Charity performed the surgeries.

Bir in Kangra district is the gateway to Billing, a world famous paragliding site and



tourist destination. The stray dog bites to domestic animals and humans in the area troubles locals and are a threat to tourists as well.

"This increases the importance and relevance of holding such ABC camps all the more. This was the first such effort. In due course of time, more such camps would be organised in different Pan-

chayats of Bir," said volunteers from Bir, Pema and Tashi. They said locals were being educated to get their pets vaccinated regularly against rabies and maintain a proper record of vaccination of their pets. Staff from Tibet Charity Mcleodganj and local volunteers from Tibetan community helped in capturing stray dogs for sterilisation.

## APPRECIATION FROM LOCAL NEWSPAPERS

."The team of Tibet Charity sterilized 85 dogs in 5 days  
"Writes The Punjab Kesari, The Statesman and other newspapers.



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**Tibet Charity began mass anti rabies vaccination program at Dharamsala on 30th September 2019**

## **GREAT CONTRIBUTION FOR TIBET CHARITY ANIMAL CLINIC**



On 21<sup>st</sup> June 2019, Tibet Charity purchased a new van for our Animal Clinic. This has been a big help while going around rescuing dogs. The van was customised to suit our need. We have been running dog care program since 2006 with kind support from Brigitte Bardot Foundation France.

The newly acquired vehicle was a big help in transporting dogs from the surroundings of the school to the makeshift operation theatre. The school children helped in

catching the dogs and putting them in the van.



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## OLD AND NEW MEMBERS OD ANIMAL CLINIC



### While Tibet Charity bade farewell to Dr. Anoop:

A simple function was organized to bid farewell to Dr. Anoop Singh Choudhary who got selected for a govt. post. Though it was a big loss for us, we are happy for him that he has got a job which is more secure with better incentives. He has been with us for more than a year since July 2018. He has been very cordial person to work with. During the period of his stay with us, he carried out ABC program on more than 200 dogs. He organized and participated in different ABC camps at Bir, Suja, Chauntra and Bodh Gaya. We thanked him for his time with us and wish him all the best in his new posting.

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## A Warm welcome was given to Dr. Kartik Sharma.



Tibet Charity is happy to have Dr. Kartik Sharma as our new veterinary doctor. He joined us from 3rd of January 2020. He has completed post graduation in surgery. He is a man with great experience as well. We hope his experience and knowledge will prove to be a big boon to the dogs in the region. We welcomed him to the family of Tibet Charity.

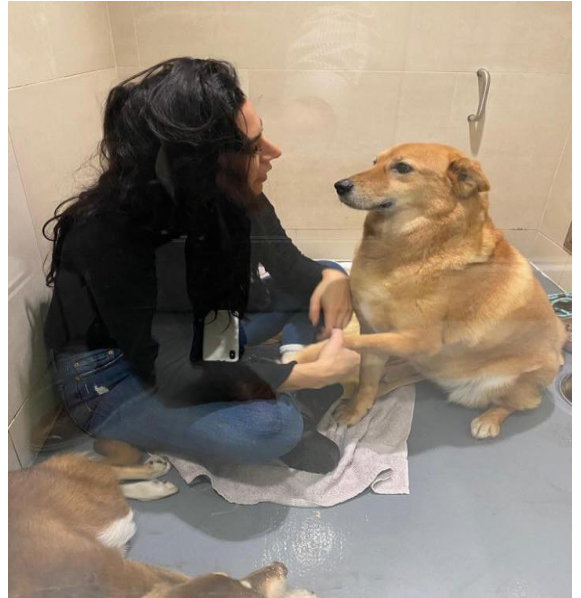
## **NEW HOMES AND FAMILIES FOR OUR DOGS**

On 10<sup>th</sup> Dec 2019, Three Dogs (Marie, Kangsum and Disco) were adopted and moved to New York. Tibet Charity was extremely grateful to Michelle Kash ([www.michellekash.com](http://www.michellekash.com)) from New York for arranging the adoption of three dogs with physical deformities. Two of the dogs had their legs amputated while one had involuntary body movement (tremor). As it was not possible for us to release these dogs into the streets, we had no option but to keep them. However more such cases would cause scarcity of space. Seeing our difficulties, Michelle Kash requested New York Animal Haven to kindly adopt these three dogs which they readily agreed. We thanked New York Animal Haven for agreeing to adopt these dogs. We also thanked Infopet New Delhi for arranging their transport from Dharamsala to New York. They left from here in the comfort of a luxurious car.



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**MARIE:** This is Marie. She was run over by a car which broke her leg. We tried our best to fix her broken leg with the help of Veterinary College Palampur. A Steel rod was inserted to support the bones. In spite of that she showed no sign of improvement even after staying with us for a year and half.

### Marie's new family:

A heartwarming letter from Marie's new family in Brooklyn, USA:

"Marie is doing so well. She smiles all day long and she solicits pets and belly rubs from anyone who is sitting still! I swear she is the most polite dog. She seems to say "please" and "thank you" for every kind gesture. She definitely understands the sound of food packages being opened. She is remarkably agile. She hasn't been alone in the house, yet, but she notices when a family member leaves and she will wait patiently by the door for their return if no one else distracts her. We are all falling for this little princess and are eager for each new part of herself that she reveals."





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## **KANGSUM:**

This is Kangsum. His front leg was run over by a speeding car which shattered his bones into pieces. As there was no chance of recovery so his front leg was amputated to prevent the infections from spreading to other parts of his body.

Due to no chance of his survival in the street, he was kept in the clinic.

## **Kangsum's new family**

A heartwarming letter from Kangsum's new family in New York, USA.

"He's doing great! He goes by Rocky now and has picked up his new name quickly. The level of improvement from the first day we brought him home when the few stairs down into the apartment were a challenge to now is astonishing. He takes stairs 2 at a time, can hop in and out of the couch and bed, and is going on walks up to an hour long without a problem. He and Barclay are also warming up and enjoy the occasional cuddle, although it hasn't quite become a regular thing yet (they do share the bed and couch with us though). I've included a few pictures. We couldn't be happier with having him join our family!"



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## DISCO:

This is Disco who was brought to our clinic five years back along with some other puppies who all had distemper. In spite of our best efforts we couldn't save the other puppies. Though we didn't have much hope, she somehow survived the deadly disease. But the after effect of the disease remained. She now has tremor which is involuntary shaking of her body.

As we saw no chance of her survival in the street, we had to keep her in the clinic.

He is with Animal Haven in USA in search for new parents.

## MAJOR DEVELOPMENTS AT DOG CLINIC OVER THE YEAR

The plastic roofing of the first aid and check up section were replaced by tin roofing. Earlier, there were cracks in the plastic roofing at certain areas through which rain water was entering inside during the rainfall. We are grateful to Lobsang Rika and Danny Kunsang Boudot for funding the new tin roofing.





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**A happy face on Scarlet's face while sitting on the warm blanket**

## **Acknowledgement**

Whatever we have achieved during the year with regards to our socially beneficial activities, is thanks to the support we have received from well wishers and friends as under:

- Tibet Charity Denmark for supporting our administrative expenses, education, sponsorship and health care programs
- Brigitte Bardot Fondation for supporting our animal care program

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- Save Tibet, Austria for supporting our sponsorship and other social development program
- Graines d'Avenir, France for supporting our sponsorship program
- Martine & Bertram Pohl and Tibet House Germany for sponsoring the salary of our Home nurse and a Vet Assistant.
- And other individuals who have supported us during the year.