

ANNUAL ACTIVITY

REPORT

2021-22

TIBET CHARITY ANNUAL ACTIVITY REPORT FROM THE MONTH OF APRIL 2021 TILL MARCH 2022

Tibet Charity continued working on their social objectives aggressively despite of ongoing pandemic situation in year 2021. Delta variant caused a massive second wave of COVID 19 in the country. Many suffered badly in hospitals for beds and oxygen cylinders. A state wise lockdown was issued earlier in 2021.

Meanwhile Tibet Charity stood up and continued to help others in every possible way. We reached out to many elderlies and hermit monks and nuns to assist them in registering themselves for Covid vaccination. We regularly visited every elderlies and hermit monks and nuns for the routine health checkups. We also raised awareness amongst all the grand parents about the severity of this pandemic. We provided financial help to single parents to provide basic needs to their children despite of state wise lockdown.

Here are the details of our social activities for the year 2021-22.

EDUCATION PROGRAM

In March 2021, we started our first batch of English Language Classes for Super Beginners and Beginners level. Unfortunately we faced some difficulties in getting our foreign volunteers to help us in our education program for whole year. However, we continued our elementary levels of English Language classes without any hurdles. Since Govt issued ordinance to have 50% occupancy in the institutions and workplace. We started with 15 students in each class and adhered to Covid norms. Moreover we decided to provide four and a half months course in each session for the year 2021. This gave our students an opportunity to learn without worrying for a sudden lockdown in state. We took both online and offline classes depending upon the sudden changes in the Covid norms. At last, we concluded our first session in the month of July 2021 where we gave certificates to students for completing their language classes successfully.

Here are the glimpses of our 1st session:

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2nd Session started in Aug 2021 and ended in Dec 2021

Our 2nd session for Super beginners and Beginners level was started in Aug 2021. We took offline classes for each level. We had 15 students in each class. We also had activity classes on every Friday where we encourage them into several fun activities like scrambles, hangman, Boggle, puzzles, two way conversation, story reading etc. We believed that such activities once in a week will help them in developing their interpersonal skills.

By the end of the session, all students were able to write testimonials for the NGO and expressing their heartfelt gratitude towards their teacher. Here are the glimpses of 2nd session:



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Good morning everyone my name is hol tang.

I am a student of beginner class at Tibet charity.

Today I got this opportunity to share my testimonial with you all.

Since August I got this opportunity connect with Tibet charity.

I am so grateful for your hard works and your teachings.

Thank you so much for all your great efforts and advising with us for all our schedules without any hesitation. I am glad about next year's planning and if you need any service regarding Tibetan language I can help you not as a volunteer. Thank you once again to each and every member of Tibet charity. Especially thank you to the teacher Tenzin Yang Dorje and behalf of Tibet charity director. I'm very grateful to be here with you all gathering here today. so I want to thank you all for that.

Thank you so much.

Gyal tang Kojang

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Social Development Program

It was a year when Delta Variant shook the country the most. Mass hysteria was increasing each day as there were less availability of hospital beds and oxygen cylinders. It affected not only health care system of the country but also an economic system too. Many were suffering financially from the lockdown. Some of them lost their loved ones, business or even struggled to overcome this pandemic.

Under such hysteria, Tibet Charity continued supporting elderlies and single parents through our sponsorship programs. We helped one young Indian boy who lived with one Tibetan grandmother after her demise through Covid. We spoke to Tonglen School to take him under their shelter and provide him education and basic necessities so that he can be raised in a healthy environment.

Here is a short history of Pawan



Pawan, aged 16, has been staying with the deceased since he was five years old. Though the boy has his family at Bodh Gaya, Bihar but he never visited his family since the age of five as his family could not afford to look after him. The deceased Tibetan grandmother always looked after him like her own son. She sent him to a school close by so that the boy could have a brighter future. She even worked as a janitor at the school for the sake of the boy. But her sudden death has put a big question mark to his future.

The people in the neighborhood told that she has left behind somewhere around Rs. Hundred Thousand in her account which was used for doing necessary pujas and rituals as it is customary among the Tibetans. At the end of 49 days after expiry, whatever amount was left was given to the boy. Tibet Charity also raised some donation for his future well being through social media and other places.

Tibet Charity also spoke with Tonglen School and they agreed to take him in after completion of some formalities. They told us that if he is capable enough, his further studies shall be taken care of as well. The boy of course was more than happy to hear this news. The effort to get him admitted at Tonglen is still under way.

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Cleanliness drive in the area

Tibet Charity in Collaboration with the HP State Pollution Control Board Dharamsala organized a cleanliness drive where our staffs and students have volunteered to pick up plastic waste from the area below the temple of H.H The 14th Dalai Lama. On the occasion of International Plastic Bag Free Day, we cleaned the surroundings of temple road of Mcleodganj area and Tangalwood area. We collected as many plastics as we could. We have also put up banners and distributed leaflets to enlighten the public about the hazardous effect of plastic waste to our environment. The drive happened twice in a year 2021. We thanked Regional Director of HP State Pollution Board and his staff for participating in the cleanliness drive.

Here are the glimpses of our cleanliness drive:



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Single Parent Program

The lockdown has affected livelihood of one and all amidst the surge in covid-19 cases in the region. It has made lives miserable for people who are dependent upon day to day petty roadside business. Single parent program has helped many single parents for the past few months. This program was not possible without our sponsors in Tibet Charity Denmark. Considering the difficulties they face, we provided them with some financial support to purchase basic necessities at home. Some of the single parents are those who sell momos on streets and some are those who sell Tibetan breads early in the morning.



Sponsorship Program

As previously said, Tibet Charity continued supporting old people and single parents through our sponsorship programs. We gave them their sponsorship money once in every three months.

Tibet Charity always looked after destitute elderly people who have no-one to take care of them by sponsoring them financially. We realized that many of these people who have worked so hard after coming to India as a refugee (many of them having separated from their families) were left with no support system whatsoever. We offer necessary assistance to the poor and needy Tibetans.

Many new beneficiaries were added in our sponsorship program, amongst which are monks and nuns with poor financial conditions. We share their case histories online and seek help from our sponsors to adopt one of them so that they can fulfill their basic requirements.

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Contribution to the society during Covid in 2021

In the midst of rise of delta variant in the country, we offered our oxygen cylinder and an oxygen concentrator from our animal clinic to the Tibetan Settlement office, Mcleodganj in order to use it for the needy ones. We donated some PPE Kits too to the Covid care volunteers who work tirelessly to save others putting themselves under great health risk.



Lockdown caused due to upsurge in covid cases in the region has adversely affected many lives both mentally and physically. It was worse for the elders living alone in their houses with very little or no outside support. We therefore met these people and distributed food items, masks and hand sanitizers. There was a joy and a sign relief on their faces while receiving those items.



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Food distribution on His Holiness's Birthday to the slum

On 6th July 2021, we celebrated the 86th Birthday of H.H The 14th Dalai Lama by distributing food items to the slum villages in Chetru near Dharamsala. Each food package contained rice, flour, lentils, salt, sugar, oil and tea leaves. We distributed these food packages to 82 families living in two different slum groups in the area. We also distributed sweets to slum residents to celebrate the joyous occasion. The children enjoyed the sweets and sang birthday song in the honor of His Holiness. This donation was made possible with the kind support of our foreign and Indian sponsors. We thank each and every individual sponsors for their kind and generous donations.



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Provided food items to the elderlies with no family support

We are fortunate to have got an opportunity to provide food items to more than 30 individuals just ahead of Tibetan Losar, Tibetan New Year. We hoped that the food items and the financial support will help them in the celebration of Losar. These individual includes elderlies with no family support and hermit monks and nuns.



A small initiative to a local school in a remote village

As part of our program to help the needy people and children on the occasion of Tibetan New Year, we first provided food items to some poor elderly Tibetans before Losar. Yesterday we visited a school in a remote Indian village beyond Naddi and handed bags, stationeries and some edibles to the school children. We also enjoyed lunch with the school.



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This was also a humble gesture of gratitude from our side to the local community here who has been the best hosts to the Tibetans for the last many years.



Organised Tibetan Sang-sol at the office for the benefit of the entire sentient being

Sang-sol, also known as incense offering, is a culture practiced over thousands of years by Tibetans across Tibet. It is not only an individual but a national custom where people perform the ceremony with prayers and incense burning.



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On the auspicious day of 16th March 2022, we organized Sangsol (incense offering) at our office for the benefit of the entire sentient being.

Sponsorship money provided to new beneficiaries

On 30th March 2022, a great donor i.e. Sonam Group Indonesia decided to sponsor our beneficiaries who were listed on our website in search of their sponsors from many months. Sonam Group Indonesia graciously accepted them to be sponsored for a year. We are extremely grateful to Sonam Group Indonesia for agreeing to sponsor 13 monks and nuns besides one elderly lady for a period of one year. As per to the agreement, we have made the 1st distribution of sponsorship money to all 13 beneficiaries. We thank all those kind individuals who are associated with the group for this philanthropic gesture.



Health Care Program

COVID ASSISTANCE PROGRAM

With the start of April 2021, we escorted hermits to receive their 2nd dose of Covid vaccination at Delek hospital. This program was commenced from 9th March 2021 where we not only registered them on co-win website, but we also took them to the Regional Hospitals on the said date for vaccination and assisted them till the end of their vaccination. Through this program, we took an initiative to help our Tibetan elders such hermit monks and nuns, older single parents who have no family and relatives of their own in the Dharamsala region.



We have succeeded in getting two dose of Covishield vaccination to more than 50 elders and hermits living in and around Mcleodganj in the month of June 2021. We have helped them right from the registration to taking them to the vaccination site. After successful completion of their doses, we also got their vaccination certificates printed.



After the decision of the Govt to provide 3rd dose to the people above 60 years of age, our staff went to visit the hermits again and recorded the dates of their 2nd dose of vaccination. We did the same with those elders in Mcleod Ganj who are living alone with no family support. As and when they complete 9 months after their 2nd dose, we help them to receive their booster shot at a convenient vaccination

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centre. So far we have assisted 16 hermit monks, nuns and elderlies to Delek and Zonal Hospitals to receive 3rd dose of vaccination.



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Home Visit Program

In the light of the state Govt decision to bring about relaxation in curfew and considering the improvement in Covid situation in the region, we decided to resume our home visit program in a phased wise manner in the month of June 2021. We began visiting only elderly and sick people living alone with no family support and the hermits above the hills of Mcleod Ganj. Our home nurses visited many hermits who were living above TCV School, Rishi Bhawan and higher mountains above Bhagsu Nag.

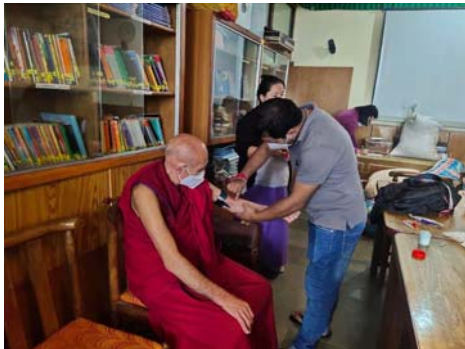


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Blood test for monks and nuns

On 8th sept 2021, we received requests from the hermits living at Rishi Bhawan for the blood test samples. These hermits live in high altitude areas of Mcleodganj where they practice meditation for long hours. Hence, we arranged complete blood test with the help of a lab technician from Naseeb Lab to collect blood samples. We arranged breakfast for the hermits after the samples were collected.

Once we got the reports, we requested Dr. Tashi Dolma La, a pathologist from Tanda Medical College, to read the reports for them and provide them necessary advice.



After successful completion of the blood tests of the hermits near Rishi Bhawan, we organized similar program for the hermits living above TCV senior Section. Thanks to Dr Khanna Lab, samples were collected at the location. We thanked Dr. Khanna for giving a discounted price for the tests. Likewise, Dr. Tashi Dolma La also took time out of her holiday to visit the hermits and explained the test reportst to them.

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Hospital Assistance Program

This year, we have received several requests from hermits and elderlies to assist them to the hospitals as they could not communicate well to the doctors. We used to give hospital assistance before Covid too. However, this year was hard on many elderlies and hermits who could not reach out to hospitals by themselves.

Therefore, we arranged basic physical checkups by Dr. Ashish Garg at City Hospital, Kangra in highly discounted rates for the ultrasound. We assisted some of the serious cases to Delek Hospital for special attention too.



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Story of an elderly single mother who went through surgery

An elderly single mother was suffering from some illness which required her to operate immediately. She reached out to us for a help. We assisted her for her pre-surgery checkups to Fortis hospital. In Dec 2021, she got operated. Our home nurses were with her right from the time when she was referred to the hospital till the time of her discharge with no post operation complication. Our home nurses continued to give her post operation care as per to the doctor's advice. She was escorted to the hospital for a follow up check up after a week of her suture removal. Currently, she has recovered very well.



Hospital assistance to Orthopedic Hospital



As part of our program under Healthcare Section, we assisted a patient to seek medical treatment at orthopedic hospital at Nagrota. Our home nurses assist such patients who are required to go to hospitals in the district but are unable to communicate with the medical staff due to language barriers.

Annual data till date:

Home Visit	996
Hospital Assistance	78
Covid Assistance	41
Clinical Treatment	47
Massage	46
Blood Donation	5
Blood Grouping	30

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Animal Care Program

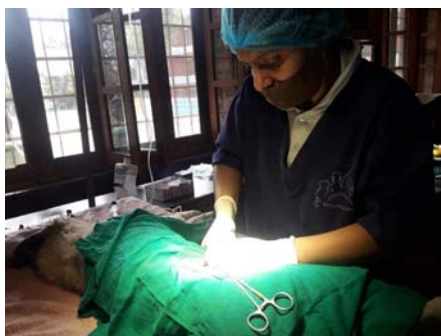
We continued working for the welfare of street dogs in Dharamsala region irrespective of Covid lockdowns and constant change in the cases. We organized our ABC camp in the month of April 2021 and covered all the major areas i.e. TCV Chauntra, TCV Suja, and Tashi Jong. Besides Sterilization, we have also given anti-rabies vaccination to all the dogs at their respective places. We have successfully sterilized 111 dogs in total during the camp. We received excellent hospitality and support from the local community in general and the volunteers in particular. We thank Brigitte Bardot Fondation, France for their kind financial support for this and all the other camps.

Here are the glimpses of ABC Program:

TCV Suja



TCV Chauntra



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Tashi Jong



Mass Anti Rabies Vaccination Camp

Like every year, we organized 11 days mass anti rabies vaccination program for the dogs and cats in and around Mcleodganj to commemorate World Rabies Day. Our team successfully vaccinated 1031 dogs in Mcleodganj and adjoining areas as part of 10 days mass anti-rabies vaccination program. We started the camp from World Rabies Day on 28th Sept 2021 and completed on 12th Oct 2021. The whole purpose of such program is to prevent the spread of rabies amongst the dogs in the region. This program would not be possible without our generous sponsor Brigitte Bardot Fondation, France for their financial support, local dog lovers and volunteers who helped us in locating and catching dogs.

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Adoption Stories

This is **Oreo**. He was puppy when the owner dumped him in a secluded den. Our team found him in bad condition and brought him to the clinic for the treatment. Luckily a kind hearted lady named Radhika arranged his adoption and we provided him with required vaccinations. Now he is living with his new parents.



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Meet the Jha Family

Mr. and Mrs Jha who belong from delhi, visited our clinic in Dec 2021 and adopted a beautiful young female pup. Our staff interviews the family before giving away the pup. They were genuinely interested to have a desi dog in their family. They believed that desi dogs thrive much better breed dogs. They gave named the pup as **Goldie**.

Mrs Kusum – Mother of 2 female black puppies

Mrs Kusum is a dog lover who has owned dogs all her life. Unfortunately she has lost her 13 yrs old dog to old age and 8 months old dog to fatal canine distemper. She visited our clinic crying at the loss of her beloved pets. She saw 2 female black puppies who were admitted in our clinic for treatments. She immediately fell in love with these 2 black sisters duo and decided to take them home. She said she has 2 lovely daughters now who bring too much joy and love in her home.



Love for all sentient being including animals

This is Tyson, a husky who was suffering from suspected parvo viral infection. We fostered him to cure his sickness on the request of his owner. Tyson loves our manager Mr. Dolma Bhum at the clinic who cuddles him and takes him out of his cage in his break time. He is fully recovered now and is with his owner.

This proves that illness is cured not only with medicines but with loads of love and care too.

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Annual data till date:

<u>Total cases (Includes Surgical and Medical)</u>	-	1672
Outpatients attended	-	723
Inpatients attended	-	248
Surgical only cases	-	516
Animal birth control (Camp – 93		
Clinic – 374)	-	467
Cats	-	77
Dogs	-	390
Medical only cases	-	1166
Total pets attended	-	417
Total Strays treated	-	355
Total Pet/Strays treated	-	287
Total Vaccinations	-	1982
Rabies (Camp – 1082		
Clinic – 588)	-	1670
Megavac	-	277
Tricat	-	35
Total Infections	-	170
Distemper	-	40
Parvo	-	120
Feline Panleukopenia	-	10
Death	-	19

(13 dogs died due to Distemper, 4 died due to parvo, 1 dog died due to old age and 1 dog was presented dead on arrival with history of collapse)

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Conclusion:

We continued our social work without a halt. We started some new programs for the benefits of our old age people this year. We continued our single parent program as they still continue to face financial problems due to Covid lockdowns.

We would like to thank all our esteemed sponsors who supported us further in our activities. We thank for their support that we received from well wishers and friends as under: -

- **Tibet Charity Denmark** for supporting our administrative expenses, education, sponsorship and health care programs and also for Single Parent Program
- **Brigitte Bardot Fondation** for supporting our animal care program
- **TIBET CHARITY - Save Tibet, Austria** for supporting our sponsorship and other social development program
- **Graines d'Avenir, France** for supporting our sponsorship program
- **Martine & Bertram Pohl and Tibet House Germany** for sponsoring the salary of our Home nurse and a Vet Assistant.
- And other individuals who have supported us during the year.