



ANNUAL ACTIVITY REPORT 2022-23

TIBET CHARITY ANNUAL ACTIVITY REPORT FROM THE MONTH OF APRIL 2022 TILL MARCH 2023

In year 2022, we had a smooth sailing in all our social activities. We saw less numbers of Covid cases in the region. We continued working for the poor and needy people. We also continued with regular dog sterilization and anti-rabies camps, health care program, Educational classes and Social development programs.

Here are the details of our social activities for the year 2022-23.

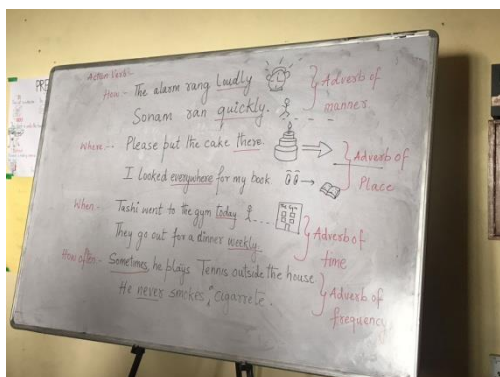
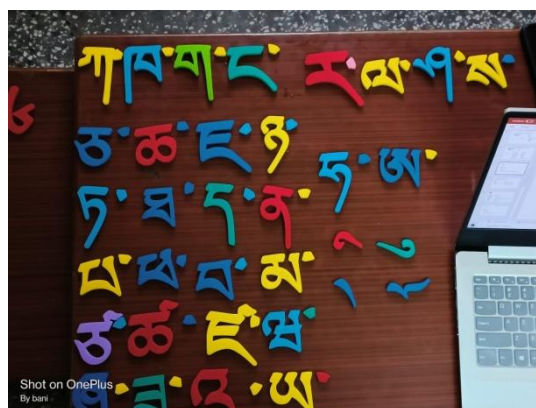
EDUCATION PROGRAM

We began our 1st session from March 15th, 2022. We seized an opportunity to saddle back in our regular educational classes and added two more language class i.e. Tibetan (both online and offline) & Chinese (both online and offline) along with English Language Classes.

We had Mrs. Brimer who volunteered in Advance English Language classes for the 1st session and we had Ms. Pema Dechan who volunteered in teaching Tibetan Language for both online and offline classes for the same session.



We had Mr. James Cieslikowski for the monsoon session (2nd Session) and Mr. Chris J. Heise for the 3rd session. We had one more addition in our language program i.e. Chinese language class. It was taken by Ms. Choetso in 3rd session. We had quite a number of students in all the different classes for whole year.



We also took our volunteers for the volunteer excursion in order to appreciate their compassionate work with us in teaching our students for whole year. Hence, we organized a trip to nearby Tibetan Settlements, monasteries and schools etc and showed them around. It was fun and adventurous moment for all of us. Here are the glimpses of the volunteer excursion:

1st volunteer excursion with Mrs. Brimar (English Volunteer Teacher) & Ms. Pema Dechan (Tibetan Volunteer Teacher)



2nd volunteer excursion didn't happen due to heavy monsoon season. Roads were not good to travel far during heavy rainfall. However, we went for 3rd volunteer excursion with Mr. Chris J Heise, Ms. Shawo Tsomo (Tibetan Volunteer Teacher) and Ms. Choetso (Chinese Volunteer Teacher)



Health Care Program

Hospital Assistance Program

As a part of our healthcare program, we provide hospital assistance to elderly people who are unwell and couldn't understand the local language at all. Our home nurses assist such patients who are required to visit hospitals in the district but are unable to communicate with the medical staff due to language barrier. We have assisted an elderly lady who was suffering a severe pain in both of her knees to orthopedic hospital in Nagrota. Our home nurses have helped 10 hermit monks from Gyurmey Monastery and 3 elder people for the abdominal ultrasound at City Hospital, Kangra. Here are some photos pertaining to the hospital assistance program.



Health Camps and Health Talks

It is said to be important to get medically checked every once in a year. Blood Test is the most crucial part of full body checkup process. In the month of May 2022, our home nurses participated in supporting a Blood Test Camp organized by Dr. Lal Path Clinic at the Main Temple of H.H the 14th Dalai Lama. Our staff actively guided local public about the blood test camp and respective discounted prices for each test. Many people came forward and had their full body checkups on the same day.



Moreover, we also provided health talk to our students and others where we discussed some important topics such as basic personal hygiene and awareness on commonly known diseases like Blood pressure, Diabetes, Tuberculosis, Hepatitis B etc. It was an open ended discussion amongst students (mostly are monks and nuns) and some of them are grownups. Our health staff guided through the importance of health in our day to day life.



Small initiatives to help older patients

It was observed during their daily home visits that older people were having lot of trouble in using Indian style lavatories. With their growing age, most of them suffer from joint pain and cannot bend down properly to attend nature's call. Tibet Charity Health Care Section provided portable and foldable commode to those older people for their daily use.



Moreover, we also provided dehumidifiers to some monks and nuns during monsoon season. As it is quite common to have a damp and moist air formed inside a small room with no ventilation during monsoon season. This may create serious health issue to the individual such as respiratory problems. Therefore; we provided portable dehumidifiers to some older people.



Home Visit Program

In the month of January 2023, we visited Momo Tsering Kyi who lives in forest on the way to circumambulation path of Mcleodganj. She lives alone in a poor house without electricity and water supply. We gave her some winter clothes and a walking stick as she has a back problem due to her age. She was delighted to get her new walking stick and we also dressed her up in warm and comfortable clothes.



Animal Care Program

Rabid dog on loose in Chauntra

In the month of April 2022, Tibet Charity clinic for dogs received an urgent call telling that there was a rabid dog on loose who has bit a lady while she was circumambulating the outer area of monastery in Chauntra. Unfortunately after her demise, we were requested to come to the place and provide post exposure vaccination to all the dogs which got bitten by the same dog. Our team wasted no time in reaching the place and vaccinated as many dogs as possible.



We vaccinated dogs in TCV Chauntra, Tibetan Settlements and Indian village just below the school from where the rabid dog was suspected.

Middle aged dog treated from a swollen ear

In the month of June 2022, A middle aged dog was brought in the clinic with swollen right ear. A diagnosis of aural hematoma was made and her ear was surgically drained and sutured. Later she got healed with a help of an E-collar. She was released in the later week after her recovery.



Dog in Distress

On 30th July 2022, our brave animal care staff rescued a dog was stuck for 2-3 hours at the roof top of Gangkyi's residential area. A local resident called our staff Mr. Dolma Bum for a help and without much further adieu, he reached to the place and rescued the dog from the rooftop.



Rescue work during monsoon

During monsoon season, roads are slippery and muddy. Despite of continuous rainfall, our team does the rescue work very diligently. It is tough to get dogs in the wet season at uphill. But still they manage to catch 6-7 dogs for ABC on every rescue day.



Anti Rabies Vaccination Program

On 28th Sept 2022, we organized our Annual Anti Rabies Vaccination program. It began on World Rabies Day. We covered all the areas of Mcleodganj which includes TIPa road, Forsythganj, Tushita, Dharamkot, Bhagsu, Naddi, Upper TCV etc. We have covered areas of Gangkyi, lower TCV, Norbulinga and TCV Gopalpur too. We gave Anti Rabies vaccination to 1156 dogs during this program. Here are the glimpses of the Annual Anti Rabies Vaccination Program:





JOIN US IN MAKING RABIES A HISTORY

Tibet Charity Clinic for Dogs, Dharamsala with kind funding from Brigitte Bardot Fondation France is organizing 13 days Rabies Vaccination Program for pets and stray dogs & cats in Upper Dharamsala areas starting from 28th Sept 2022 which is World Rabies Day.

On the 1st day of the program, we will be vaccinating only pet dogs at Tibet Charity Main Building from 9.30 am to 3.30 pm. That program will be followed by vaccinating stray dogs and cats of Mcleodganj areas.

You can be a part of this noble initiative by:

- Helping us in locating dogs/cats in your area or bringing them to our staff (this will save us a lot of time).
- A volunteer cameraman who can cover our campaign.

Our vaccination program scheduled as under:

28-09-2022	Vaccination of pet dogs and cats at Tibet Charity House
29-09-2022	Vaccination of stray dogs and cats at Temple Road, Dolma Chowk, Pema Thang and Kirti Monastery
30-09-2022	Vaccination of dogs and cats at Su Cho Sum, Yongling School, Mcleod Bus Stand and Tsecholing
03-10-2022	Vaccination of dogs and cats at Mcleod Main Square, Amdo Village and Bhagsu
04-10-2022	Vaccination of dogs and cats at TIPA Road, Tushita and Dharamkot
05-10-2022	Vaccination of dogs and cats at Upper TCV and Handicraft area
06-10-2022	Vaccination of dogs and cats at Forsyth Ganj and Naddi areas
09-10-2022	Vaccination of dogs and cats at Jigwara, Ganghyi, Gamru
10-10-2022	Vaccination of dogs and cats at Men Tsee Khang and Jhema Khangsar
13-10-2022	Vaccination of dogs and cats at Lower TCV, Petson School and So wa School
12-10-2022	Vaccination of dogs and cats at Gyuto Monastery, Shugsab, Sarah, Jiyang Choe-ling
13-10-2022	Vaccination of dogs and cats at Norbulinga
14-10-2022	Vaccination of dogs and cats at Gopalpur

If you want to help us or if you need any information, please contact:

Mr. Dolma Bhum : 9882787777
 Mr. Tenzin Wangyal : 7038958470
 Mr. Tenzin Tseabup : 8580862075

Organized by: Tibet Charity Clinic for Dogs with kind support from: Brigitte Bardot Fondation, France

Data Record of Anti Rabies Vaccination Camp 2022			
S.no	Date	Place	No of dogs vaccinated
1	28/09/2022	Tibet Charity Main Building	70
2	29/09/2022	Temple Road, Dolma Chowk, Pema Thang and Kirti Monastery	97
3	30/09/2022	Gy Cho Sum, Yongling School, Mcleod Bus Stand and Tsecholing	87
4	3/10/2022	Mcleod Main Square, Amdo Village and Bhagsu	93
5	4/10/2022	TIPA Road, Tushita and Dharamkot	70
6	5/10/2022	Upper TCV and Handicraft area	145
7	6/10/2022	Forsyth Ganj and Naddi areas	55
8	7/10/2022	Jogiwara, Gangkyi and Gamru	202
9	10/10/2022	Men Tsee Khang and Jhema Khangsar	86
10	11/10/2022	Lower TCV, Petson School and Sowa School	57
11	12/10/2022	Gyuto Monastery, Shugsab, Sarah and Jiyang Choe-ling	54
12	13/10/2022	Norbulinga	59
13	14/10/2022	Gopalpur	76
Total			1156



ANIMAL BIRTH CONTROL PROGRAM

Annual Animal Birth Control (ABC) Camp was held on 25th May 2022. The camp was held for a week and half. They were stationed at TCV Suja while our animal care staff went on catching dogs from many different places such as Bir, Chauntra, Tashi Jong etc.



We also participated in Bodhgaya and Mundgod for a sterilization camp during winter. As it is not possible to operate dogs during winters in Dharamsala. Therefore, our team went to participate in a sterilization camp organized in Bodhgaya and Mundgod from Dec 2022 till Feb 2023.

ABC camp at Mundgod

ABC camp, Mundgod was organized by Nyingje Trust, New Zealand from Dec 2022 till Feb 2023. They requested for our participation in the ABC camp during mid 2022. Therefore, our entire animal care staff went to participate in the camp including our Veterinary Doctor Dr. Mili Swalli. We did sterilization of overall 243 dogs. Below table refers to the day wise sterilization activities at Mundgod.

Date	Male (Dogs)	Female (Dogs)	Total
17/01/2023	2	5	7
18/01//2023	8	7	15
19/01/2023	6	8	14
20/01/2023	6	6	12
21/01/2023	5	9	14
22/01/2023	2	12	14
23/01/2023	1	15	16
24/01/2023	1	10	11
25/01/2023	4	10	14

26/01/2023	7	7	14
28/01/2023	5	9	14
29/01/2023	0	8	8
30/01/2023	2	6	8
31/01/2023	5	8	13
01/02/2023	0	13	13
02/02/2023	0	5	5
03/02/2023	3	11	14
04/02/2023	0	11	11
05/02/2023	2	10	12

Total number of dogs sterilized = 243

Here are the glimpses of Mundgod camp.





Conclusion:

Year 2022-23 went remarkably well. We commenced some new languages classes i.e. Chinese and Tibetan Language and completed all 3 sessions in a year without a single halt. We also participated in Blood test camp organized by Dr. Lal Path Lab and also spread awareness to people about the importance of health in health talks. We continued our single parent program and sponsorship program with much support from our esteemed sponsors. Therefore, we would like to thank all our esteemed sponsors who supported us further in our activities. We thank for their support that we received from well wishers and friends as under: -

- **Brigitte Bardot Fondation**, for being our sole partner in our Animal Care Program and providing us with all the facilities in fulfilling our daily activities in our animal care program
- **Tibet Charity Denmark** for supporting our administrative expenses, education, sponsorship and health care programs and also for Single Parent Program
- **TIBET CHARITY - Save Tibet, Austria** for supporting our sponsorship and other social development program
- **Graines d'Avenir, France** for supporting our sponsorship program
- **Vets without Borders Denmark** for sponsoring the salaries of 2 staff in our clinic.
- And other individuals who have supported us during the year.