

TIBET CHARITY ANNUAL ACTIVITY REPORT FROM THE MONTH OF APRIL 2025 TILL MARCH 2026

During the 2025-2026 fiscal year, Tibet Charity achieved significant milestones across our core pillars. By integrating comprehensive healthcare, proactive animal welfare, foundational education, and targeted social development, we have fostered a more resilient community. This report outlines our collective impact and the progress made toward sustainable regional growth.

Here are the details of our activities in each program for the year 2025-26.

HEALTH CARE PROGRAM

Our healthcare program remains dedicated to reaching those in the most remote areas, ensuring that age or distance never becomes a barrier to quality medical care. This past year, we focused on providing consistent support for monastic practitioners and the elderly people through the following initiatives:

Annual Health Check-up of Hermit Monks and Nuns:

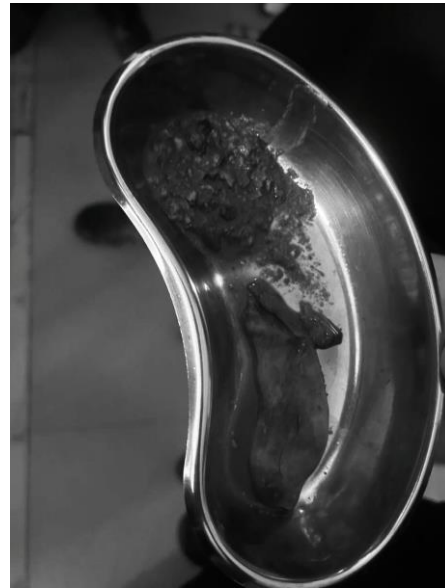


High in the tranquil hills surrounding McLeod Ganj, dedicated hermit monks and nuns pursue lives of deep meditation and spiritual practice. Their commitment to inner peace can sometimes mean their physical health needs are unintentionally overlooked. Recognizing this, Tibet Charity prioritizes their well-being through our annual health check-up program. This vital initiative brings essential medical care directly to these isolated communities, providing comprehensive assessments, including vital sign monitoring, blood tests (examining liver and kidney function, blood sugar, cholesterol, and hemoglobin), and ultrasound scans.

This year, our dedicated team reached approximately 50-60 hermits, offering crucial preventative care and identifying potential health concerns early. While the majority was found to be in good health, a few individuals were diagnosed with conditions requiring further attention, such as gallstones. We conducted annual health checkups for 50–60 hermit monks and nuns. Regular visits and basic medical oversight ensured that those living far from conventional facilities received essential care.

Gall Stone Removal Cases:

One of the most impactful outcomes of our Annual Health Checkup program for hermit monks and nuns is the early detection of conditions that, if left untreated, could lead to severe health crises. This year, our screenings identified critical gallbladder issues in two of our venerable elders, allowing us to intervene before complications arose.



Ven. Tashi Palden

During his evaluation, **Ven. Tashi Palden**, an elderly hermit monk, was diagnosed with a significant **24 mm gallstone**. At the time of the initial diagnosis during a routine health check-up, the gallstone was noted, but as it caused no significant discomfort, Ven. Tashi Palden opted for observation without immediate intervention. Later he began to experience the increasing discomfort and potential for serious infection, our team facilitated his admission to **City Hospital, Kangra**. In April 2025, he underwent a successful surgery, removing the source of his pain and ensuring he could return to his spiritual practices in better health.



Ani Tenzin Dechen

Ani Tenzin Dechen, an 82-year-old nun, the diagnosis of a **20 mm gallstone** presented a unique challenge. Like many elders, Ani-la did not initially grasp the urgency of the procedure. Given her advanced age and lack of family support, Tibet Charity stepped in to provide a bridge of care:

- **Guidance & Education:** Our staff spent time explaining the importance of the surgery to prevent future complications.
- **Comprehensive Assistance:** We personally escorted her to **APEX Hospital, Dharamsala**, managing her admission and providing bedside care throughout her stay.
- **Successful Recovery:** Thanks to this hands-on support, her surgery was a success, and she was cared for until her safe discharge.

These success stories highlight the essential nature of our healthcare mission—not just in diagnosing illness, but in providing the logistical and emotional support necessary for our community’s most vulnerable members to receive life-saving treatment.

3-day Acupuncture and Massage Therapy Camp:



Tibet Charity was delighted to collaborate with the esteemed HUMANITRAD organization to host a special 3-day Acupuncture and Massage Therapy Camp in November 2025 at the main temple, Mcleodganj. Over three consecutive days, a compassionate and highly skilled team of 13 qualified practitioners from HUMANITRAD provided specialized acupuncture and restorative massage therapies. Our community received dedicated care, healing support, and expert treatment for chronic pains and health issues prevalent in our mountainous region. This partnership underscores our commitment to holistic health, ensuring that essential alternative therapies are available to the most vulnerable members of our community.

EDUCATION PROGRAM

The 2025-2026 academic year marked a period of steady growth and consistent engagement for our Education Program. Throughout three successful sessions, we saw a stable and enthusiastic stream of registration applications, reflecting the community's enduring desire for foundational linguistic skills.

Our curriculum remained focused on building a strong base for learners, specifically catering to Super Beginner and Beginner levels. By prioritizing phonics, essential vocabulary, and basic sentence structures, we provided students with the tools to communicate with confidence.

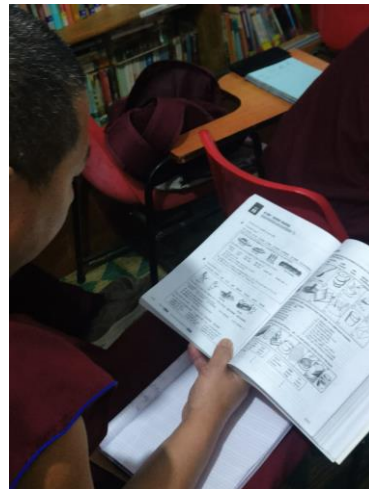
Bridging Theory and Practice

To supplement formal lessons, we introduced a free afternoon reading class specifically for our Beginner students. This session served as a bridge between grammar and real-world application, allowing students to:

- **Practice Grammar in Context:** Moving beyond textbooks to see how language functions in storytelling.
- **Build Reading Fluency:** Gaining confidence by navigating books in a supportive, guided environment.
- **Encourage Peer Learning:** Creating a space where students could discuss texts and improve their pronunciation together.

This blend of structured classroom instruction and interactive reading has been instrumental in helping our students achieve practical literacy and a deeper appreciation for the English language.

Here are the glimpses of our 3 sessions.





Super Beginner's Class



Beginner's Class



Closing Ceremony of 1st session



Closing Ceremony of 2nd session



Closing Ceremony of 3rd Session

Animal Care Program

The 2025-2026 period has been a year of tireless dedication to the health and safety of our street dog population. Our mission remains clear: to create a harmonious environment where both animals and the community can thrive through proactive intervention and compassionate medical care.

Milestone Achievements in Public Health

Our core efforts centered on long-term population control and the prevention of Rabies. Through the hard work of our veterinary team, we achieved the following:



Sterilization Success: We successfully sterilized 309 dogs both in camps and in clinic, significantly curbing the growth of the stray population and improving the overall health of the animals.

Rabies Prevention: In a massive community-wide effort, 1,195 dogs (during camps and in clinic) received Anti-Rabies Vaccinations, playing a vital role in keeping our streets safe for everyone.



Specialized Medical & Surgical Care

Beyond routine care, our clinic served as a lifeline for animals suffering from severe trauma and illness. We provided clinical treatment for a wide range of complex cases, including:



- **Surgical Interventions:** Successful tumor removals and procedures to repair fractured bones.
- **Emergency Care:** Rapid response to accident cases and the treatment of deep-seated wounds.
- **Infection Management:** Intensive care for maggot infections and various other ailments requiring specialized attention.

Addressing New Challenges



While our program has successfully stabilized the local dog population and achieved nearly universal vaccination coverage among the street dogs of Dharamsala, we have observed a concerning trend: the continued abandonment of dogs from other areas onto our streets. Despite these external pressures, our program remains vigilant. We are constantly adapting our strategies and increasing our outreach to address abandonment and ensure that Dharamsala remains a model for humane animal welfare and effective population management.

Conclusion:

As we close the 2025-2026 fiscal year, the progress across our healthcare, education, animal welfare, and social programs serves as a testament to our collective resilience. From providing life-changing surgeries for our elderly monastic to stabilizing the local animal population and empowering students through literacy, our initiatives have addressed both immediate needs and long-term sustainability. While new challenges—such as the continued abandonment of animals and the logistical hurdles of reaching remote hermits—persist, our foundation remains strong. The success of this year was made possible by the unwavering dedication of our staff, the trust of our community, and the vital support of our sponsors. Looking ahead, we remain committed to our mission of compassionate service. By continuing to bridge the gap between vulnerability and opportunity, we ensure that every member of our community, whether human or animal, has the support they need to thrive. We move into the next year with renewed focus, grateful for the milestones achieved and ready to meet the opportunities to come.